

## APPENDIX B: Student Daily Health Check

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_ / \_\_\_\_\_ /2020  
(MM / DD/ YEAR)

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent/Caregiver Completing Assessment: \_\_\_\_\_

Complete this Self-Health check each day.

Our schools are clean and sanitized daily. They are low risk for virus transmissions. **Please do not enter a School District 72 facility if you:**

- Answer yes to any of the health check questions
- Have a temperature above 38 °C
- Have unusual or persistent respiratory symptoms

1. Does your child have any of the following symptoms?

- |                                    |                              |                             |
|------------------------------------|------------------------------|-----------------------------|
| A. Fever                           | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| B. Chills                          | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| C. Cough                           | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| D. Shortness of breath             | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| E. Sore throat                     | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| F. Runny/stuffy nose               | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| G. Loss of sense of smell or taste | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| H. Headache                        | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| I. Fatigue                         | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| J. Diarrhea                        | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| K. Loss of appetite                | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| L. Nausea and vomiting             | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| M. Muscle aches                    | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| N. Conjunctivitis (pink eye)       | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| O. Dizziness, confusion            | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| P. Abdominal pain                  | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Q. Skin rashes                     | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| R. Discoloration of fingers/toes   | Yes <input type="checkbox"/> | No <input type="checkbox"/> |

2. Have you or anyone in your household returned from travel outside Canada in the last 14 days?

Yes  No

3. Are you or is anyone in your household a confirmed contact of a person confirmed to have COVID-19?

Yes  No

If you answered “**YES**” to any of the questions and the symptoms are not related to a pre-existing condition, your child must not come to school.

If they are experiencing any symptoms of illness, contact a health-care provider for further assessment. This includes 8-1-1 or a primary care provider like a physician or a nurse practitioner.